

Michelle K Jamieson

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I am a dedicated psychology postgraduate looking to build a career in interdisciplinary research, academia, and science communication. I am passionate about addressing mental health care inequalities using mixed methods and open communication, and am committed to promoting understanding around the role sociocultural factors play in the aetiology of complex conditions.

Education

2017 – 2020 (EXPECTED)

PhD Urban Studies / University of Glasgow

- Area: Exploring the Relationships between Severe Mental Illness (SMI) and Employment Status through Scottish Health & Admin Data.

2016 – 2017 (DISTINCTION)

MRes Research Methods / University of Glasgow

- Dissertation: Benefit Sanctions & Mental Health: Understanding impact on subsequent self-care & health behaviors.

2014 – 2015 (MERIT)

MSc Global Mental Health / University of Glasgow

- Dissertation: Psychological Interventions for Parents & Primary Caregivers of Maltreated Children: A Systematic Review.

2010 – 2014 (FIRST-CLASS)

B.A (Hons) Psychology / University of the West of Scotland

- Dissertation: Exploring the Lived Experiences of Volunteer Befrienders: An Interpretative Phenomenological Analysis.

Publications

Academic

Tripathi, K, Johnstone, A, & Jamieson, M. K, 2019. Managing PhD with a Health Condition. *The PsyPAG Guide to University II*.

Jamieson, M. K & Mills, C, 2019. Experiencing Benefit Sanctions: Mental Health & Self-Care. *Journal of Critical Social Policy*. Manuscript submitted for publication.

Jamieson, M. K, 2018. Exploring the Lived Experiences of Volunteer Befrienders' Burn-Out. *Journal of Work & Stress*. Manuscript submitted for publication.

Popular

Jamieson, M. K. 'Disclosure in Psychology', 2017. Marbles Magazine, May Issue 1, pp. 15-17.

Jamieson, M. K. 'The Secret Life of a Dyscalculiac', 2016. The Psychologist Magazine, April Issue 1, pp. 8-10.

Invited Talks

I Study What I Live With. DPsych Counselling Psychology, Glasgow Caledonian University and Time & Space. April 2019.

Expert by Experience: Hearing Voices. Clinical Health Psychology, MSc Psychological Science. The University of Glasgow. March 2019

Published Abstracts

Jamieson, M. K., 2018. The portrayal of psychosis in reality 'paranormal' TV shows. Madness, Mental Illness and Mind Doctors in 20th and 21st Century Pop Culture, Edinburgh.

Jamieson, M. K., 2017. Mad Sanctions: Lived experience of sanctions, mental health and self-care. The 3rd Community Psychology Festival, Bristol.

Jamieson, M. K., 2017. Benefit sanctions and mental health: Understanding self-care & citizenship in austerity Scotland. BSA Medical Sociology, York.

Jamieson, M. K., 2015. A Systematic Review of Psychological Interventions for Parents & Primary Caregivers' of Maltreated Children: Findings so far. PsyPAG, Glasgow.

Jamieson, M. K., 2014. Exploring the Lived Experience of Mental Health Volunteering. Scottish Undergraduate Conference, British Psychological Society, Edinburgh.

Books

Another Day Going Mad. **Expected 2020.** Swan & Horn: Glasgow, Scotland.

You've Got the Mark of Cain on you. **Expected 2020.** Academia Lunare: Edinburgh, Scotland.

Science Communication

Roles

Community Correspondent (Mind Waves)
Founder & President (GU Positive Minds)
Communications Subcommittee (PsyPAG)
STEM Ambassador (STEM)
Pint of Science 2018 collaborator
Manager of SciComm account
(@shell.does.science)
Manager of high impact blog (michellekjamieson)
Creator of @DatSciTweeps
Creator @EveryDMHBot

Engagement

Bright Club Set
SoapBox Science performance
PubhD talk
Cellblock Science workshop
I'm a Scientist: get me out of here!
Scottish Mental Health Arts & Film Festival
Vox Poetry Slam
Mental Health Zine
Skype a Scientist

Research & Teaching Experience

2018 – PRESENT

Research Contributor / University of Bristol

Contributing and data analysis work to MAPS: Mapping the Analytical PathS of a Crowdsourced Data Analysis.

2018 – PRESENT

Guest Lecturer / University of Glasgow

Teaching a variety of levels and age ranges in the areas of health, clinical, and statistical psychology. Including seminars, coursework marking, and lectures.

2018 – PRESENT

Research Assistant / University of South Florida

Working remotely within the Dept. of Mental Health Law and Policy on an Early Intervention in Psychosis worldwide survey project. Duties inc. interviewing, admin, data analysis.

2018 – PRESENT

Representative / British Psychological Society & PsyPAG

Working with PsyPAG and the BPS Community Psychology Section to raise awareness of this relatively new area of interdisciplinary psychology.

2016 – PRESENT

Writer / Freelance

Working remotely providing writing and proofreading services for a variety of areas, such as medical and interest zines, with articles appearing in popular magazines such as Psychologies and New Scientist.

2012 – PRESENT

Tutor/ Freelance

Working across Glasgow and remotely, tutoring psychology (specializing in mixed methods, clinical) and other subjects to students ranging from secondary school to postgraduates.

2012 – 2014

Research Assistant/ University of the West of Scotland

Worked within Dept. of Psychology on an alcohol consumption project. Duties inc. collecting data, interviewing, data analysis, supervised other research assistants in data collecting, write-up of results, rota planning and final check-overs of data.

Clinical Experience

2018 – PRESENT

CPR Trainer / St. Andrew's Ambulance Service

Providing advanced first-aid skills at events and on-call. Also, the facilitation of basic first-aid, and CPR community classes.

2012 – 2017

Mental Health Lead & Trainer / Greater Pollok Integration

Facilitated support groups for women with complex mental health difficulties. Conducted research and developed and implemented specialized befriending training and mental health support training.

2013 – 2015

Counselling Lead / Scottish Association for Mental Health

Working within SAMH's newly launched Community Support Network (CSN) to help facilitate individual and peer-support groups for individuals affected by suicide.

2012 – 2015

Correspondent / Human Writes

Supporting individuals on Death Row in the United States of America prison system through letter writing.

2014 – 2015

Support Practitioner / Richmond Fellowship

Supporting people with complex mental health needs in their communities to develop meaningful relationships, establish links and live life to the full.

2012 – 2014

Group Worker / Headway

Running interest groups for individuals with brain injury, information sessions for carers, friends and family.

2012 – 2014

Support Worker / Love Light Romania

Working with local Roma communities to implement change to mental healthcare, stigma reduction, and provide general advocacy in Transylvania.

2009 – 2010

Healthcare Assistant / Bupa

Providing care to older individuals with complex mental health conditions and onset dementia, and promoting independence and provide one-to-one care.

Skills

Data Science

R, SPSS; Nvivo; HTML; ICT and Microsoft packages; critical, data

Soft

Counselling skills, Independent enquiry, problem-solving,

Languages

English (native)

and statistical analysis; quantitative and advanced qualitative methods

adaption, lone, group working; written and oral communication; reliability; integrity; punctuality; leadership; negotiation

Arabic (intermediate)
French (intermediate)
Romani (intermediate)
Sorani (beginner)

Grants

2017 – 2020

PhD Studentship

ESRC Advanced Quantitative Methods Pathway +3

£55,659

2016 – 2017

MRes Scholarship

Educational & Marshall Trust, Glasgow

£3,300

2014 – 2015

MSc Bursary

Carnegie-Cameron Trust

£4,500

Awards

Year

3MT (2018), SIE Fresh ideas (2018), I'm a Scientist! Finalist (2017), YWCA 30 women under 30 to watch (2017), PsyPAG Poster Presentation: Merit (2015), Azura Graduate of the Year: best research (dissertation) in field of mental health (2014), UWS Court Medal for Academic Excellence: 75%+ A grades (2014), Saltire Volunteering Award: 500 hours volunteering (2014), Young Innovator of the Year: for self-sustaining peer mental health training (2014)

Administration

Workshops

Speaker & Developer. Hearing voices? That's like Schizophrenia isn't it? SoapBox Science, The University of Edinburgh. July 2019

Lead Developer & Tutor. Introduction to Befriending Skills. Greater Pollok Integration Network. May 2015

Courses

Lead Tutor & Developer. Understanding the experience of hearing voice(s). The University of Glasgow. July 2019

Lecturer & Developer. Expert by Experience: hearing voices. Online Clinical Health Psychology Module, MSc Psychological Science. The University of Glasgow. April 2019.

Departmental

Creator and Convener. Urban Studies PhD Seminars. University of Glasgow. March 2019.

Co-Creator. The International Network of Early Career Researchers in Psychosis. University of Glasgow. October 2017.

Creator and President. Positive Minds Peer Support Network. University of Glasgow. September 2016.

Professional

Co-Chair. Awards sub-committee. PsyPAG. UK-wide. May 2019.

Co-Chair. Communications sub-committee. PsyPAG. UK-wide. May 2019.

Representative. Community Psychology. PsyPAG and BPS. UK-wide. October 2018.

Co-Convener. Interdisciplinary Mental Health Conference. The University of Glasgow. October 2018.

References

Details on request.

Dr Judith Ramsay

Senior Lecturer

Prof Helen Minnis

Senior Child & Adolescent Psychiatrist

Dr Lucy Pickering

Senior Lecturer

Ms Yvonne Docherty

Development Worker

Dr Helen Broome

Clinical Psychologist

Prof Nick Bailey

Director