

MICHELLE KIMBERLY JAMIESON

B.A. (Hons), MSc, MRes, MBPsS

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OBJECTIVE | I am a dedicated psychology postgraduate looking to build a career in interdisciplinary research and academia. I am passionate about addressing mental health care inequalities using mixed methods, and am committed to promoting understanding around the role sociocultural factors play in the aetiology of complex difficulties, such as psychosis and brain injury, as well as health choices and behaviours.

EDUCATION | **UNIVERSITY OF GLASGOW, 2017 – 2020 (EXPECTED)**

PHD IN URBAN STUDIES

- Area: The Impact of (Mental) Health, Barriers, & (un)employment

UNIVERSITY OF GLASGOW, 2016 - 2017

MRES RESEARCH METHODS: DISTINCTION

- Dissertation: Benefit Sanctions & Mental Health: Understanding impact on subsequent self-care & health behaviours

UNIVERSITY OF GLASGOW, 2014 - 2015

MSC GLOBAL MENTAL HEALTH: MERIT

- Dissertation: Psychological Interventions for Parents & Primary Caregivers of Maltreated Children: A Systematic Review

UNIVERSITY OF THE WEST OF SCOTLAND, 2010 - 2014

B.A. (HONS) PSYCHOLOGY: FIRST CLASS

- Dissertation: Exploring the Lived Experiences of Volunteer Befrienders: An Interpretative Phenomenological Analysis

**DISSEMINATION
OF WORK**

Academic Articles in Progress

Jamieson, M. K., 2018. Exploring the Lived Experiences of Volunteer Befrienders' Burn-Out. *Journal of Work & Stress*. [Manuscript submitted for publication](#).

Selected Popular Publications

Jamieson, M. K. 'Disclosure in Psychology', 2017. *Marbles Magazine*, May Issue 1, pp. 15-17.

Jamieson, M. K. 'The Secret Life of a Dyscalculiac', 2016. *The Psychologist Magazine*, April Issue 1, pp. 8-10.

Published Abstracts

Jamieson, M. K., 2018. The portrayal of psychosis in reality 'paranormal' TV shows. *Madness, Mental Illness and Mind Doctors in 20th and 21st Century Pop Culture*, Edinburgh.

Jamieson, M. K., 2017. Mad Sanctions: Lived experience of sanctions, mental health and self-care. The 3rd Community Psychology Festival, Bristol.

Jamieson, M. K., 2017. Benefit sanctions and mental health: Understanding self-care & citizenship in austerity Scotland. *BSA Medical Sociology*, York.

Jamieson, M. K., 2015. A Systematic Review of Psychological Interventions for Parents & Primary Caregivers' of Maltreated Children: Findings so far. *PsyPAG*, Glasgow.

Jamieson, M. K., 2014. Exploring the Lived Experience of Mental Health Volunteering. Scottish Undergraduate Conference, British Psychological Society, Edinburgh.

Public Engagement Activities

Pint of Science: Glasgow, I'm a Scientist: Get me out of here!; Mind Waves Glasgow; Hearing Voices short film; Scottish Mental Health Arts & Film Festival: Mental post-it note art; VOX support group poetry slam.

RESEARCH & TEACHING EXPERIENCE

STEM AMBASSADOR STEM

2016 – PRESENT (ACTIVISM)

Working creatively with educational organisations to encourage enthusiasm, raise awareness and understanding of science, technology, engineering and maths subjects and careers.

COMMUNITY CORRESPONDANT MIND WAVES

2016 – PRESENT (MENTAL HEALTH ACTIVISM)

Working creatively with third parties to break mental health stigma, including training, podcasts, blogs and public engagement.

WRITER FREELANCE

2016 – PRESENT (MEDICINE & PSYCHOLOGY)

Working remotely providing writing and proofreading services for a variety of areas, such as medical and interest zines, with articles appearing in popular magazines such as *Psychologies* and *New Scientist*.

ACADEMIC TUTOR FREELANCE

2012 – PRESENT (PSYCHOLOGY)

Working across Glasgow tutoring psychology (specialising in mixed methods, clinical) and other subjects to students ranging from secondary school to postgraduates.

FOUNDER & TRAINER OF GU POSITIVE MINDS UNIVERSITY OF GLASGOW

2016 – 2018 (MENTAL HEALTH ACTIVISM & PEER SUPPORT GROUPS)

Founding, developing and delivering various voluntary training packages to enable set-up and running of peer mental health support groups on campus.

RESEARCH ASSISTANT UNIVERSITY OF THE WEST OF SCOTLAND

2013 – 2014 (MENTAL HEALTH & ALCOHOL CONSUMPTION)

Collected data, worked with SPSS, Excel & other Microsoft packages. Promoted and supervised other research assistants in data collecting, write-up of results, rota planning and final check-overs' of data.

SKILLS

Expertise: SPSS; Nvivo; HTML; ICT and Microsoft packages; critical, data and statistical analysis; quantitative and advanced qualitative methods; problem-solving; project management; cultural adaptation; training development and delivery.

Competencies: Independent enquiry; 'R', lone and group working; advanced written and oral communication; reliability; integrity; punctuality; leadership; negotiation; adaptable; reliable, responsible.

**CLINICAL
EXPERIENCE**

MENTAL HEALTH CO-ORDINATOR & TRAINER GREATER POLLOK

INTEGRATION NETWORK

2013 – 2016 (MENTAL HEALTH, POVERTY & COMMUNITY DEVELOPMENT)

Facilitated support groups for women with complex mental health difficulties. Conducted research and developed and implemented specialized befriending training and mental health support training.

COUNSELLING FACILITATOR SCOTTISH ASSOCIATION FOR MENTAL HEALTH

2013 – 2015 (SUICIDE, FAMILY & FRIENDS)

Working within SAMH's newly launched Community Support Network (CSN) to help facilitate individual and peer-support groups for individuals affected by suicide.

CORRESPONDANT HUMAN WRITES

2013 – 2015 (MENTAL HEALTH & DEATH ROW)

Supporting individuals on Death Row in the United States prison system through letter writing.

SUPPORT PRACTITIONER THE RICHMOND FELLOWSHIP SCOTLAND
2014 – 2014 (MENTAL HEALTH, DISABILITY & POVERTY)

Supporting people with complex mental health needs in their communities to develop meaningful relationships, establish links and live life to the full.

GROUP WORKER HEADWAY
2013 – 2014 (ACQUIRED & TRAUMATIC BRAIN INJURY)

Running interest groups for individuals with brain injury, information sessions for carers, friends and family.

SUPPORT WORKER LOVE LIGHT ROMANIA
2012 – 2014 (MENTAL HEALTH & ROMA COMMUNITIES)

Working with local Roma communities to implement change to mental healthcare, stigma reduction, and provide general advocacy in Transylvania.

HEALTHCARE ASSISTANT BUPA
2009 – 2010 (GERIATRIC MENTAL HEALTH & DEMENTIA CARE)

Providing care to older individuals with complex mental health conditions and onset dementia, and promoting independence and provide one-to-one care.

**AWARDS &
MEMBERSHIPS**

2017

I'm a Scientist! Finalist; YWCA 30 women under 30 to watch.

2015

PsyPAG Poster Presentation: Merit.

2014

Carnegie-Cameron Taught Postgraduate Bursary (£4,000); Azura Graduate of the Year: best research (dissertation) in field of mental health (£100); UWS Court Medal for Academic Excellence: 75%+ A grades (£100); Saltire Volunteering Award: 500 hours volunteering; Young Innovator of the Year: for self-sustaining peer mental health training (£200).

Professional Memberships

British Psychological Society (no. 311448): Graduate Member; ISPS UK; Psychologists for Social Change; PsyECR

REFERENCES | ON REQUEST